

# Nutrition Facts

8 servings per container

**Serving size** **4oz (113g)**

**Amount Per Serving**

**Calories** **25**

**% Daily Value\***

**Total Fat** 0g **0%**

Saturated Fat 0g **0%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 560mg **24%**

**Total Carbohydrate** 5g **2%**

Dietary Fiber 1g **4%**

Total Sugars 4g

Includes <1g Added Sugars **1%**

**Protein** 1g

Vitamin D 0mcg **0%**

Calcium 10mg **2%**

Iron 0.7mg **4%**

Potassium 230mg **4%**

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.