

Nutrition Facts

about 7 servings per container

Serving size 1 oz (28g/
about 5 beans)

Amount per serving

Calories **10**

% Daily Value*

Total Fat 0g **0%**

Sodium 70mg **3%**

Total Carbohydrate 3g **1%**

Dietary Fiber 1g **4%**

Total Sugars 1g

Includes 1g Added Sugars **2%**

Protein 1g

Not a significant source of saturated fat, trans fat, cholesterol, vitamin D, calcium, iron and potassium.

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.