

Nutrition Facts

Serving Size about 2 pods (28g)

Servings Per Container 11

Amount Per Serving

Calories 15 Calories from Fat 0

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g 0%

Cholesterol 0mg 0%

Sodium 250mg 10%

Total Carbohydrate 3g 0%

Dietary Fiber 0g 0%

Sugars 2g

Proteins less than 1g

Vitamin A 4%

Vitamin C 6%

Calcium 4%

Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet.
Your Daily Values may be higher or lower depending on
your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g