

# Nutrition Facts

About 6 servings per container

Serving size

1/2 cup (121g)

Calories  
per serving

**70**

Amount/serving	% Daily Value*
<b>Total Fat</b> 2.5g	<b>3%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 340mg	<b>15%</b>

Vitamin D 0mcg 0% • Calcium 40mg 4% • Iron 1.4mg 8%  
Potassium 470mg 10%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Amount/serving	% Daily Value*
<b>Total Carbohydrate</b> 10g	<b>4%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 7g	
Includes 1g Added Sugars	<b>2%</b>
<b>Protein</b> 2g	