

Nutrition Facts

About 14 servings per container

Serving size 2 Tbsp (30g)

Amount per serving

Calories 50

% Daily Value*

Total Fat 3.5g 4%

Saturated Fat 0.5g 3%

Trans Fat 0g

Cholesterol 5mg 2%

Sodium 260mg 11%

Total Carbohydrate 4g 1%

Dietary Fiber 0g 0%

Total Sugars 1g

Includes 1g Added Sugars 2%

Protein 1g

Vitamin D 0mcg 0%

Calcium 39mg 4%

Iron 0mg 0%

Potassium 48mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.