

Nutrition Facts

About 13 servings per container

Serving size **3 corns (36g)**

Amount per serving

Calories **20**

% Daily Value*

| | |
|------------------------------|------------|
| Total Fat 0g | 0% |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 220mg | 10% |
| Total Carbohydrate 5g | 2% |
| Dietary Fiber < 1g | 2% |
| Total Sugars 3g | |
| Includes 3g Added Sugars | 6% |

Protein 0g

| | |
|-----------------------|-----------|
| Vitamin D 0mcg (0 IU) | 0% |
| Calcium 0.21mg | 0% |
| Iron 0mg | 0% |
| Potassium 0mg | 0% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.