

Nutrition Facts

12 servings per container

Serving size

1 egg (50g)

Amount per serving

Calories

80

% Daily Value*

Total Fat 5g 7%

Saturated Fat 1.5g 8%

Trans Fat 0g

Cholesterol 185mg 62%

Sodium 65mg 3%

Total Carbohydrate < 1g 0%

Dietary Fiber 0g 0%

Total Sugars < 1g

Includes 0g Added Sugars 0%

Protein 6g

Vitamin D 1mcg (43 IU) 6%

Calcium 25mg 2%

Iron 0.59mg 4%

Potassium 65mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.