

# Nutrition Facts

About 14 servings per container

Serving size 4 mushrooms (28g)

Amount per serving

**Calories** 10

% Daily Value\*

<b>Total Fat</b> 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 420mg	18%
<b>Total Carbohydrate</b> 2g	1%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 1g Added Sugars	3%

**Protein** 0g

Vitamin D 0.02mcg (1 IU)	0%
Calcium 1mg	0%
Iron 0.09mg	0%
Potassium 40mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.