

Nutrition Facts

6 servings per container

Serving size

1 egg (50g)

Amount per serving

Calories

80

% Daily Value*

Total Fat 5g	7%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 185mg	62%
Sodium 65mg	3%
Total Carbohydrate < 1g	0%
Dietary Fiber 0g	0%
Total Sugars < 1g	
Includes 0g Added Sugars	0%

Protein 6g

Vitamin D 1mcg (43 IU)	6%
Calcium 25mg	2%
Iron 0.59mg	4%
Potassium 65mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.